



Italy

Abruzzo Gourmet Cookery & Discovery &

*Northern Italy Tour
Rome - Tuscany – Verona - Venice*

Honeymoon Proposal

Tuesday - Thursday
(17 days / 16 nights)

2022-2024

ABRUZZO1.COM
AUTHENTIC ITALY

*Please visit & contact us at
www.Abruzzo1.com
Hello@Abruzzo1.com*

ABRUZZO BY 500 & CLASSIC CAR TOURS

ABRUZZO1.COM
AUTHENTIC ITALY AT ITS FINEST!

Two hours away from Rome and nestled between the majestic *Gran Sasso d'Italia* and *Maiella National Parks* and the sparkling *Adriatic Sea*, ABRUZZO is quite simply among the most authentic destinations in Italy.

OUR creative, fulfilling and inspiring proposals at our warm and welcoming venues offer unique experiences with highly personalised attention in the heart of Italy!

V1 appetiamo!!

WINE SAFARIS - OLIVE OIL TASTINGS - VEGETARIAN & SAFFRON MASTERCLASSES - TRUFFLE HUNTING

www.vilagapini.it



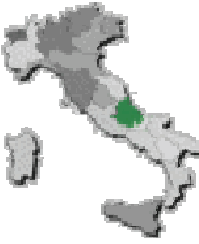
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Programme & Itinerary

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DAY ONE – Tuesday

Rome Airport – Gourmet Experiences – Villa Danilo Hotel

- **10:30am:** Meet in Rome, either at Rome FCO Airport with Host or Rome centre in front of the *Atlantico Hotel* on Via Cavour (near Termini Station)
- Our journey of discovery starts with a very scenic drive along the *Autostrada dei Parchi* as we head into the **Abruzzo** region along the most beautiful *Autostrada* in Italy through the *Gran Sasso* mountain Range
- Our first stop will be in the fascinating medieval town of **Celano**, dominated by its dramatically impressive *Castello Piccolomini*, a former *Fortress* the foundations of which date back to the XII century
- Gourmet lunch in the shade of the *Castello*, as we talk about the regional wines and the intriguing history of this town that spans centuries and includes *Roman Emperors* and *Popes*
- Then we set off to reach the lovely Hotel *Villa Danilo* in **Gamberale**, in the *Maiella National Park*
- En-route stop along our journey for *Michelin Star Gourmet dessert* experience
- Welcome drink aperitif at hotel and check-in
- Exquisite dinner at *Villa Danilo*
- Good night's rest

DAY TWO – Wednesday

Gourmet Appetizers – Fresh Pasta Masterclass – Authentic Truffle Hunt Gourmet Truffle Dinner

- This morning...*sleeves up* for our hands-on cooking class with *Mamma and Chef* to disclose the secrets of *fresh pasta, truffle pasta, ravioli, lasagna, tomato sauces* and the very best of fine *Abruzzese* and Italian cuisine
- Our *Executive Chef* will also guide you through the preparation of a series of gourmet appetizers that will impress your guests back home!
- Lunch to sample the fruits of our labour
- This afternoon, an authentic *truffle hunt in the woods* with our local truffle hunter *Primiano along with his precious truffle gold diggers “Ruby” and “Miss”*
- Our destination will be our host's most secret spots in Abruzzo to unbury the precious underground delicacy... let's cross fingers for good luck!
- Back to *Villa Danilo* and time at leisure to enjoy a bit of relax at *Villa Danilo's charming Grottino Spa*
- Truffle based gourmet dinner...we'll hopefully have our own fresh truffles!

DAY THREE – Thursday

Vegetarian class at “Il Mulino” Agriturismo – Mozzarella making Elements of Meat or Fish Masterclass

- This morning we set off to reach the nearby *Agriturismo Il Mulino* in the hilltop village of *Roio Del Sangro*, where our hosts *Chef Alessia, Chef Mirella and Pino* will entertain us in a hands-on unique *Veggie Cookery Masterclass*
- Our lesson will cover the preparation of vegetarian specialties using the best local produce, greens, wild mushrooms, spontaneous and healthy herbs and vegetables
- The secrets of making *fresh mozzarella* will also be revealed during this masterclass with our Hosts
- After a lovely lunch surrounded by *Il Mulino*’s idyllic setting, return to *Villa Danilo* for a bit of relax and afternoon at leisure
- Back to *Villa Danilo* to tackle some more typical Italian recipes with our *Executive Chef*, which might include a *main course* as *fish, agnello* (lamb), *wild boar* or a *fresh bread Masterclass*
- Dinner and evening at *Villa Danilo*

DAY FOUR – Friday

A Day of Discovery: Costa dei Trabocchi – XI century San Giovanni in Venere Abbey - Fish Lunch & Wine Tasting Cookery Class in the Pescara Countryside & Agriturismo

- After a leisurely breakfast, we take on a lovely drive towards the beautiful and unique *Costa dei Trabocchi*, the most pristine stretch of coast along the *Adriatic Sea*
- Our destination will be the town of *Fossacesia* and its XII century *Abbey of S. Giovanni in Venere* overlooking the stunning *Golfo di Venere* and the oldest olive tree in Abruzzo
- Today’s lunch will be unique: our hosts will offer us the finest, yet simple, fish dishes from the *Adriatic Sea* on a century-old *Trabocco*...a tantalizing gastronomic experience!!
- After lunch, a **guided Wine Tasting** of indigenous Abruzzo wines nearby to learn all about *Montepulciano d’Abruzzo, Trebbiano, Pecorino, Cococciola, etc*
- Our day will then lead us to our lovely *Agriturismo La Rustica* in the peaceful surroundings and sweeping hills of the *Pescara* countryside
- *En-route* late afternoon **Cookery Masterclass in the countryside** with *Mamma Naira*...a traditional Masterclass on an Italian classic dish or a local speciality, from a delicious Italian homemade pizza topped with local delicacies to staple Italian dishes...we shall leave it up to her, with the option to meet your own desires and prepare whatever you wish...just let us know!
- We then reach the nearby (5 minutes away) *Agriturismo La Rustica* for a late check-in and a good night’s sleep

DAY FIVE – Saturday

Roman Sulmona – Market Day – Medieval Santo Stefano di Sessanio Sunset at Rocca Calascio

- After breakfast, we head toward the classically beautiful Italian town of **Sulmona**, world renowned for its **confetti**
- A leisurely stroll through this historical village to visit its shops and its **market** in Sulmona's busy *Piazza Garibaldi* towered by the historical *Roman Aqueduct*
- We recommend a stop at *Fernanda* and *Giovanna*'s pretty **honey-shop** by the *Piazza* for a **sweet honey-tasting** and a chance to purchase lovely and *tasty* special gifts
- As the buzz of *Sulmona*'s "*passeggiata sul Corso*" winds down, we will reach one of *Sulmona*'s best restaurants for lunch
- After lunch we head to the fascinating medieval hamlet of **Santo Stefano di Sessanio**, on the majestic **Gran Sasso d'Italia**
- Check-in at our Hotel and time to explore the intricate alleys of this fascinating village before carrying on towards the nearby impressive medieval **Fortress of Rocca Calascio** to enjoy some stunning views as the sun is setting just before dinner

DAY SIX – Sunday

"Saffron Valley" & Saffron Masterclass & Olive Oil Tasting - Rome

- After a leisurely breakfast, we head to the **Navelli Plateau** in Abruzzo's "**Saffron Valley**", where our hosts in the XII century village of **Prata D'Ansidoia** will be awaiting us in the fields to guide us through the secrets of mastering this very precious spice, from its delicate blossom to dressing our **Risotto**
- **Saffron Masterclass** with lunch accompanied by an **Olive Oil Tasting** under the guidance of our *Chef & Olive Oil Sommelier*
- After lunch, a leisurely transfer to Rome....**arrivederci Abruzzo!!**

DAY SEVEN, Monday

Ancient Rome – Colosseum – Roman Forum – Piazza Venezia - Pantheon

- **Welcome to Rome!**
- In the afternoon you will meet with your very own Host at the **Colosseum** to start an insightful immersion into the history and culture of **Ancient Rome**
- Walk through the fascinating history of the **Colosseum and the Roman Forum**, followed by a guided tour of both **Piazza Venezia and the Pantheon** ...a fascinating experience with your Host through the heart of Rome to discover and enjoy so much more than meets the eye!
- Dinner in a local *Trattoria* with Roman specialties and local wines

DAY EIGHT – Tuesday

Vatican Museums – Sistine Chapel – Stanze di Raffaello – St Peter's Basilica Rome

- After an early breakfast, it will be time to meet your Host at the Vatican Museums to visit the **Vatican Museums**, including:
 - **Sistine Chapel**
 - **Stanze di Raffaello (Raphael Rooms)**
 - **Saint Peter's Basilica**
- After lunch, a leisurely guided walk with your Host to discover the secrets of Rome's most iconic *Fountains & Piazzas*:
 - **Piazza Barberini**
 - **Tritone Fountain**
 - **Campo dei Fiori**
 - **Piazza di Spagna and the Spanish Steps**
 - **Trevi Fountain**
 - **Piazza Colonna**
 - **Piazza di Pietra**
 - **Piazza Navona**
- Aperitivo in *Piazza Navona* to enjoy the vibrant atmosphere of Rome at its best!
- Dinner in a local *Trattoria* with Roman specialties and local wines and evening at leisure

DAY NINE – Wednesday

Rome – Montepulciano – Wine Tasting of Excellence - Pienza - Val d'Orcia- Siena

- Welcome to Rome! Meet at FCO Airport to start our adventure.
- Very special drive from Rome to Tuscany with your Host as you visit a marvellous part of Italy!
- As we drive through the Lazio and Umbria regions, our first destination will be the town of **Montepulciano**
- Visit to the impressive *Underground City* and the ancient *Etruscan cellars* owned by a local wine maker dynasty, followed by a lovely **wine tasting of excellence** and light lunch
- After lunch, we carry on towards the *Val d'Orcia* region of Tuscany with a visit the tiny but charming town of **Pienza**
- Enjoy the several cheese tastings in one of the town's numerous cheese boutiques, as Pienza is considered the capital of *Tuscan Pecorino cheese*
- Our drive through *Chianti and Val d'Orcia* and afternoon arrival at our Hotel in **Siena**
- Welcome drink aperitif followed by a typical dinner in town
- Good night's rest

DAY TEN– Thursday

Tuscany Val d'Orcia & Chianti: Siena – San Gimignano

- After breakfast, a leisurely guided walk around **Siena**, Tuscany's most beautiful medieval town with its fascinating *Piazza Del Campo*, home to the famous **Palio di Siena**
- You will immerse yourself into a breathtaking world of history, art and traditions
- Then we drive through the lush Chianti region of Tuscany
- We will reach the lovely town of **San Gimignano** along the *Via Francigena* for lunch and to admire its walled medieval town that beautifully preserves its landmark Towers and medieval, Romanesque and Gothic architecture, making it a **UNESCO World Heritage Site**
- We then return to Siena for an evening at leisure
- A good night's sleep

DAY ELEVEN – Friday

Siena – Cortona – Arezzo - Florence

- After a leisurely breakfast, we will visit the Tuscany region and countryside as we reach the most iconic Tuscan towns
- Our first destination will be the lovely town of **Cortona**, the setting of American Novelist Frances Mayes' best-seller *Under the Tuscan Sun*
- Lunch in Cortona
- We will then reach **Arezzo** to admire the early Renaissance fresco style of *Piero Della Francesca* and Arezzo's architectural and artistic beauty
- As we leave *Arezzo* towards Florence, wine-tasting experience in a local winery
- Florence and dinner before a good night's sleep

DAY TWELVE – Saturday

Florence Art & Culture – Foodie Experience

- After breakfast, **Florence** in all its beauty and cultural significance that inspired the glorious Poet *Dante*
- This morning you will head out on a unique experience with your host
- Time to experience the open air Museum that Florence actually is throughout its centuries of history: *Piazza della Signoria, Santa Maria del Fiore Cathedral, Piazza del Duomo, etc...*
- You will visit the *Oltrarno* area to explore Florence's old "botteghe", where artisans will be working away creating masterpieces of silk, bronze, mosaic, gold, leather, hand-made shoes and carved wood
- For lunch, a stop at one of Florence's most authentic foodie venues for a tasting experience of the Tuscany's most typical delicacies, from Truffled pecorino "tartufone" and other different aged pecorinos, to fresh ricotta, mozzarella etc., accompanied by local breads and desserts: *schacciata all'olio, pane toscano, pane ai cereali, crostata, "cantuccini di Prato" biscuits etc..*
- We will also get our favourite butcher to prepare a tasting of *typical finocchiona, salame di cinghiale, prosciutto, coppa, etc.*
- We recommend dinner at our favourite local places in Florence, where the locals go!

DAY THIRTEEN– Sunday

Pamigiano Reggiano – Bergamo Alta

- After breakfast we venture off into the **Lombardy** region of Italy...Welcome to **Bergamo Alta**, la *Città Alta* that welcomes you with its *Venetian Walls*, *cobblestone alleyways*, its beautiful *piazas and monuments* against the jaw-dropping background of the Alps and the plains in the distance
- En-route visit to a **Parmigiano Reggiano** producer for a tasting and for a lunch locally
- As we settle into our hotels in Bergamo, in the late afternoon you will meet your Host for a guided walk through town and maybe for a spot of people watching while enjoying an *Espresso or Apertivo* in the *Piazza Vecchia*, sipping on an elegant glass of **Moscato di Scanzo**, Italy's smallest DOCG wine, as the XII Bell Tower famously tolls its 100 chimes, a tradition dating back centuries that used to announce the curfew for the *Bergamaschi* of *Città Alta*
- Dinner followed by a good night's rest

DAY FOURTEEN – Monday

Taste of Bergamo Foodie Experience – San Pellegrino Water - Bergamo Crafts & Workshops

- This morning, your Host will introduce you to the **Flavours of Bergamo** on an intriguing and tasty walk to discover the secrets and traditions of *Bergamasco* cuisine.
- Stops will include the best places in Bergamo where we will taste local food & wine excellence and will also have the opportunity to watch their production
- Several tasting experiences for a morning full of flavours and delicacies that will also include famous **San Pellegrino water** which comes from the **Bergamo valleys!!**
- To follow, a tour of the **Bergamo Alta** or the **Upper Town** intertwined with a visit to some artisan workshops using old traditions that, despite globalisation, still survive and thrive keeping up the utmost **Made in Italy** quality
- Chance to actually see the artisans at work, as they are immersed in their own high quality creations for a late afternoon and evening at leisure in *Bergamo Alta*

DAY FIFTEEN – Tuesday

Verona – Piazza Erbe – Arena - Romeo & Giulietta - Venice

- This morning, we head towards **Verona and Venice**
- Lunch in **Verona** at one of its finest restaurants with spectacular dishes paired with the local **Amarone** wine
- The town of **Romeo & Giulietta** of *Shakespearean* fame, in Verona you will have a chance to take a casual stroll through this fascinating medieval town to admire the **Arena di Verona Amphitheatre**, the elegant **Piazza delle Erbe** of the charming **Verona Antica** and the very famous **Juliet's Balcony** at *Casa dei Capuleti*
- After lunch, we head towards Venice to reach our Hotel and dinner **arranged by Guests** followed by a good night's rest

DAY SIXTEEN - Wednesday

Piazza San Marco & Basilica – Palazzo Ducale Basilica Santa Maria della Salute & Canal Grande

- This morning, meet your Host in **Piazza San Marco** to start a full-day insightful immersion in the history and culture of **Venice**
- Guided visit of:
 - **Piazza San Marco**
 - **San Marco Basilica**
 - **Palazzo Ducale**
- This morning will continue with a visit to the **Basilica of Santa Maria della Salute**, either by a pleasant walk along the **Canal Grande** or by water-taxi
- A quick lunch break before reaching the **Island of Murano** this afternoon
- Guided visit and chance to admire Murano's world-renowned glass-art craftsmen
- Return to Venice for an evening at leisure

DAY SEVENTEEN – Thursday

Venice – Airport

- After breakfast, transfer to airport Venice / Milan



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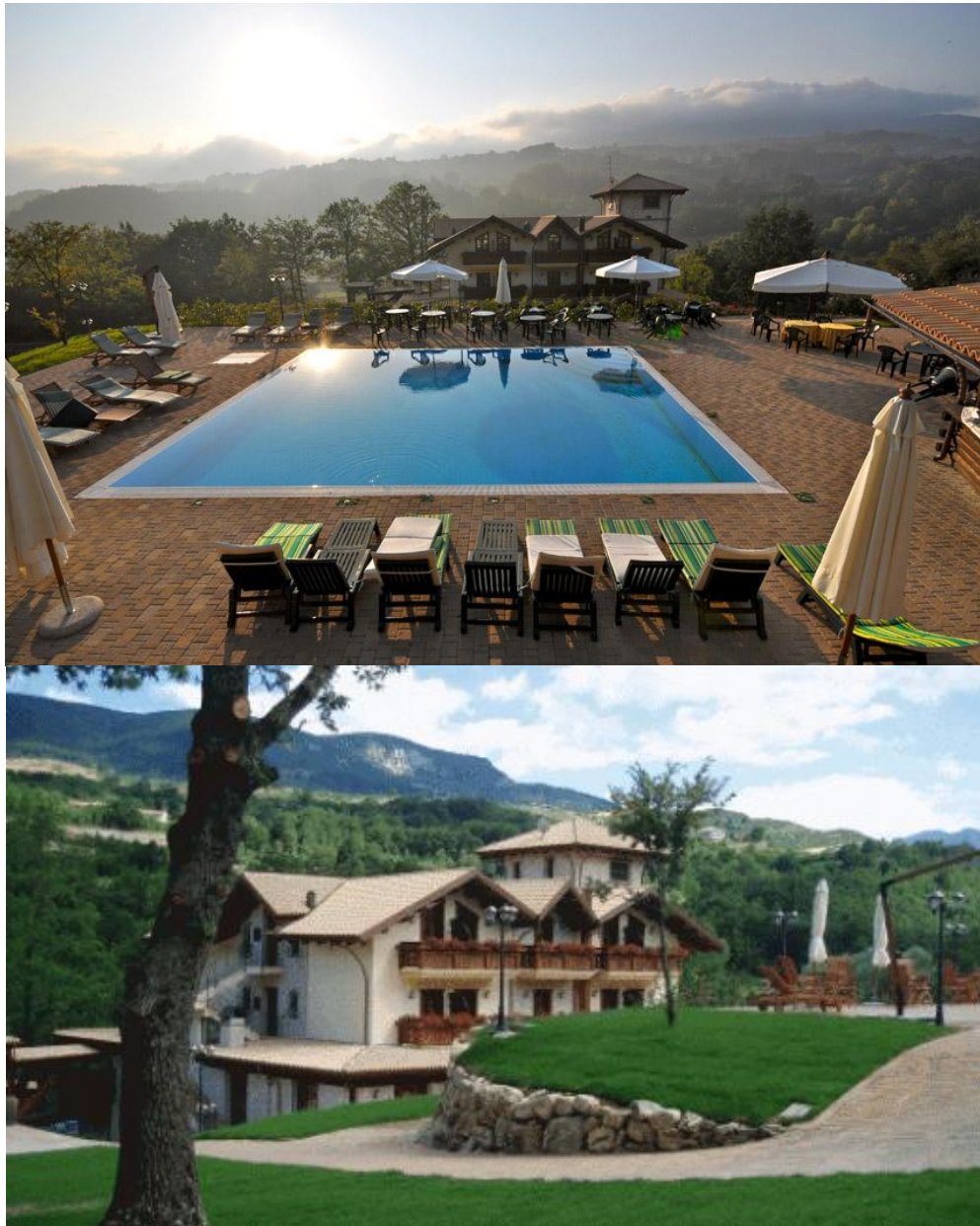
Honeymoon Proposal

*A special combination of highlights and unique culinary experiences!
Active all-year-round
Tuesday - Thursday*



Venues in Abruzzo

*Hotel Villa Danilo **** - Gamberale*



Venues (in Abruzzo)

Agriturismo La Rustica – Costa dei Trabocchi



Cruising along La Costa dei Trabocchi

Venues (in Abruzzo)

Santo Stefano di Sessanio - Gran Sasso National Park - Campo Imperatore



The medieval village of Santo Stefano di Sessanio



La Torre



Campo Imperatore: paradise!