



Abruzzo to Discover!

www.Abruzzo1.com

Abruzzo Discovery & Culinary Experience

2024

9 Days / 8 Nights
Sunday - Monday



ABRUZZO1.COM
AUTHENTIC ITALY

Please visit & contact us at
www.Abruzzo1.com
Hello@Abruzzo1.com

TANTALIZING COOKERY HOLIDAYS





TAILORED TOURS

ABRUZZO BY 500 & CLASSIC CAR TOURS



Abruzzo1.com
AUTHENTIC ITALY AT ITS FINEST!

Abruzzo1.com IS THE ESSENCE OF THE ABRUZZO REGION!




TWO HOURS AWAY FROM ROME AND NESTLED BETWEEN THE MAJESTIC *Gran Sasso d'Italia* AND *Maiella National Parks* AND THE SPARKLING *Adriatic Sea*, ABRUZZO IS QUITE SIMPLY AMONG THE MOST AUTHENTIC DESTINATIONS IN ITALY.

OUR *creative, fulfilling and inspiring proposals* AT OUR WARM AND WELCOMING VENUES OFFER UNIQUE EXPERIENCES WITH HIGHLY PERSONALISED ATTENTION IN THE HEART OF ITALY!

Vi aspettiamo!!

WINE SAFARIS - OLIVE OIL TASTINGS - VEGETARIAN & SAFFRON MASTERCLASSES - TRUFFLE HUNTING

www.visitaprint.it



Abruzzo Discovery & Culinary Experience

(9 days / 8 nights)

Programme & Itinerary 2024

www.Abruzzo1.com

DAY ONE

Rome Airport – Gourmet Experiences – Villa Danilo Hotel

- **10:30am:** Meet in Rome, either at Rome FCO Airport with Host or Rome centre in front of the *Atlantico Hotel* on Via Cavour (near Termini Station)
- Our journey of discovery starts with a very scenic drive along the *Autostrada dei Parchi* as we head into the **Abruzzo** region along the most beautiful *Autostrada* in Italy through the *Gran Sasso* mountain Range
- Our first stop will be in the fascinating medieval town of **Celano**, dominated by its dramatically impressive *Castello Piccolomini*, a former *Fortress* the foundations of which date back to the XII century
- Gourmet lunch in the shade of the *Castello*, as we talk about the regional wines and the intriguing history of this town that spans centuries and includes *Roman Emperors* and *Popes*
- Then we set off to reach the lovely Hotel *Villa Danilo* in **Gamberale**, in the *Maiella National Park*
- En-route detour through the stunning *Gorges of Sagittarius* for a scenic drive towards the *Scanno Lake*
- Welcome drink aperitif at hotel and check-in
- Exquisite dinner at *Villa Danilo*
- Good night's rest

DAY TWO

Fresh Pasta Masterclass – The Oldest Bell Foundry in The World

- This morning...*sleeves up* for our hands-on cooking class with *Mamma and Chef* to disclose the secrets of *fresh pasta, truffle pasta, ravioli, lasagna, tomato sauces* and the very best of fine *Abruzzese* and Italian cuisine
- Our *Executive Chef* will also guide you through the preparation of a series of local Italian dishes that will impress your guests back home!
- Lunch to sample the fruits of our labour
- This afternoon, a very special visit to the *Pontifical Marinelli Bell Foundry*, a fascinating tour of **the oldest bell foundry in the world** currently run by the 27th generation of the Marinelli Family in the hilltop town of **Agnone**
- *Aperitivo in Piazza* or along the *Corso* before heading back to *Villa Danilo* along our scenic drive through the *Maiella National Park*
- Back to *Villa Danilo* and time at leisure to enjoy a bit of relax at *Villa Danilo's* charming *Grottino Spa* followed by dinner



DAY THREE

Vegetarian class at “Il Mulino” Agriturismo – Authentic Truffle Hunt Elements of Meat or Fish Masterclass

- This morning we set off to reach the nearby *Agriturismo Il Mulino* in the hilltop village of *Roio Del Sangro*, where our hosts *Chef Alessia, Chef Mirella and Pino* will entertain us in a hands-on unique *Veggie Cookery Masterclass*
- Our lesson will cover the preparation of vegetarian specialties using the best local produce, greens, wild mushrooms, spontaneous and healthy herbs and vegetables
- After a lovely lunch surrounded by *Il Mulino*'s idyllic setting, return to *Villa Danilo* for a bit of relax and afternoon at leisure
- This afternoon, an authentic *truffle hunt in the woods* with our local truffle hunter and *his precious truffle gold diggers “Ruby” and “Miss”*
- Our destination will be our host's most secret spots in Abruzzo to unbury the precious underground delicacy... let's cross fingers for good luck!
- Back to *Villa Danilo* to tackle a few more typical Italian recipes with our *Executive Chef*, which might include a *main course* as *fish, agnello* (lamb), *wild boar* or *fish Masterclass*
- Truffle based gourmet dinner...we'll hopefully have our own fresh truffles!

DAY FOUR

A Day of Discovery: Costa dei Trabocchi – XI century San Giovanni in Venere Abbey - Lunch with Wine Tasting –Agriturismo in the Pescara Countryside

- After a leisurely breakfast, we take on a lovely drive towards the beautiful and unique *Costa dei Trabocchi*, the most pristine stretch of coast along the *Adriatic Sea*
- Our destination will be the town of **Fossacesia** and its XII century *Abbey of S. Giovanni in Venere* overlooking the stunning *Golfo di Venere* and the oldest olive tree in Abruzzo
- Today's lunch will be special, as we reach a famous nearby winery just off the coast for a **guided Wine Tasting** of indigenous Abruzzo wines nearby to learn all about *Montepulciano d'Abruzzo, Trebbiano, Pecorino, Cococciola, etc* beautifully paired with local delicacies
- Time to reach our charming *Agriturismo* accommodation in the lush Pescara countryside
 - *Agriturismo La Rustica*: <https://agriturismolarustica.com/>
 - **OPTIONAL 4-Star Hotel** Accommodation in the centre of Pescara quoted separately:
 - Hotel Victoria: <https://www.victoriapescara.com/>
 - Hotel Plaza: <https://www.plazapescara.it/en/index>
- Evening aperitif dinner & sundowners by the pool / on the beach

DAY FIVE

Mozzarella Making and Pizza Class in the Pescara Countryside Afternoon of Discovery: Pescara and/or Chieti Underground City

- After a leisurely breakfast, we will reach a nearby local dairy farm where waiting for us will be our local **cheese maker** to make your own **mozzarella** and unveil the secrets of **cheese making** and **ricotta**!
- Then we head to our **Cookery Masterclass nearby and in the countryside** with **Mamma Naira**...a traditional Masterclass on an Italian classic dish, homestyle **Pizza with our own fresh mozzarella and more!**
- Lunch with **Chef Naira** at her lovely home
- Afternoon may feature a tour of **Pescara** with an introduction of its Decadent History, its pristine sandy beaches and **Liberty Style Villas** with a chance for shopping
- **OR** a fascinating **Underground Tour** of nearby **Chieti**
- Dinner in Pescara or Chieti before returning to **Agriturismo La Rustica** or Hotel for a good night's sleep

DAY SIX

*“Saffron Valley” – Saffron Masterclass – Sulmona *Ferrari, Lamborghini & Maserati Option**

- After a leisurely breakfast, we check out and head to the **Navelli Plateau** in Abruzzo's **“Saffron Valley”**, where our hosts in the XII century village of **Prata D'Ansidoia** will be awaiting us in the fields to guide us through the secrets of mastering this very precious spice, from its delicate blossom to dressing our **Risotto**
- **Saffron Masterclass** with lunch accompanied by an **Olive Oil Tasting** under the guidance of our **Chef & Olive Oil Sommelier**
- **OPTION: sit behind the wheel** of our **Ferrari, Lamborghini and Maserati** to enjoy an epic drive today! Convoy will be entirely controlled by our pace vehicle for pure enjoyment and peace of mind! (Quoted separately)
- As the sun is setting, we head toward the classically beautiful Italian town of **Sulmona**, world renowned for its **confetti**
- Check in at our Hotel and evening at leisure in town before dinner in town

DAY SEVEN

Roman Sulmona – Market Day

- After a leisurely breakfast, time for a leisurely stroll through the beautiful alleys and roads of Sulmona to visit its shops and its **market** in Sulmona's busy *Piazza Garibaldi* towered by the historical *Roman Aqueduct*
- We recommend a stop at *Fernanda* and *Giovanna's* pretty **honey-shop** by the *Piazza* for a **sweet honey-tasting** and a chance to purchase lovely and *tasty* special gifts
- As the buzz of *Sulmona's* "*Passeggiata sul Corso*" winds down, we will reach one of Sulmona's best restaurants for lunch
- Afternoon and evening at leisure in Sulmona with a walking tour or for a spot of people watching and enjoying *La Dolce Vita*
- Dinner arranged by Guests

DAY EIGHT

Medieval Santo Stefano di Sessanio - XI Century Fortress of Rocca Calascio – Campo Imperatore – Canestrato Pecorino Cheese

- **10:30:** After a leisurely breakfast, we will reach the fascinating medieval hamlet of *Santo Stefano di Sessanio*, on the majestic *Gran Sasso d'Italia*
- A walk through the village and time to explore the intricate alleys of this fascinating village before a very typical lunch in town
- After lunch, we reach on towards the nearby impressive medieval *Fortress of Rocca Calascio* to enjoy a short hike and stunning views
- Time permitting, we will take a drive through the breathtaking plateau of *Campo Imperatore*, Italy's majestic alpine meadow, part of the Apennines
- With a bit of luck, we might be able to spot not only herds of sheep and horses but also the *Apennine Wolves* and *Chamois* as well as *Peregrine Falcons*
- We head towards the village of *Castel Del Monte*, widely renowned for its unique "*Pecorino Canestrato*"
- Return to Santo Stefano for an evening at leisure and a good night's rest in the medieval atmosphere of this hamlet
- transfer to Rome **ETA 13:00....arrivederci Abruzzo!!**

DAY NINE

Arrivederci Abruzzo – Rome Airport

- After breakfast, a very scenic drive through the Gran Sasso on our transfer to Rome **ETA 14:00....arrivederci Abruzzo!!**



Abruzzo Discovery & Culinary

9 days / 8 nights

A special combination of highlights and unique culinary experiences!

Group size: min 2 - max 7

Active all-year-round

Personale

Venues

Hotel Villa Danilo * - Gamberale***



Venues

Agriturismo La Rustica – Costa dei Trabocchi



Cruising along La Costa dei Trabocchi

Venues

*Santo Stefano di Sessanio - Gran Sasso National Park - Campo Imperatore
Sulmona*



The medieval village of Santo Stefano di Sessanio



Campo Imperatore: majestic!

Highlights & What's included for "Abruzzo Discovery & Culinary Experience"

€2995 Eur

- **Guests: 2-7**
- Starting point: Rome Airport or Rome @ 10:30am on Day One (please [contact us](#) for arrangements)
- Ending point: **14:00** Rome on Day Nine (please [contact us](#) for other arrangements)
- Fully escorted by our Tour Leader and Hosts
- Accommodation 9 days / 8 nights:
 - **3** nights at the beautiful *Hotel Villa Danilo* in the *Maiella National Park*
 - **2** nights at the lovely *Agriturismo La Rustica* in the sweeping hills of the Pescara countryside or 4* Hotel in Pescara
 - **2** night in the lovely Roman town of *Sulmona*
 - **1** night in the fascinating Medieval Hamlet of *Santo Stefano di Sessanio*
- **An exciting and unique journey of discovery through the very best of Abruzzo**
- Hands-on Cookery Classes at our highly selected venues under the guidance of our Executive Chefs
- Foodie Experiences:
 - Hands on Pasta & Sauces Making with *Mamma* and Chefs
 - Olive Oil Tasting
 - Pizza Masterclass *home-style*
 - Lunch along the stunning *Costa dei Trabocchi*
 - Veggie Masterclass in a stunning 15th century Watermill
 - Authentic Truffle Hunting in the woods
 - *The Saffron Experience*
 - Wine Tastings
 - Farmers' Food Market in the Roman Town of *Sulmona*
 - Exclusive **Abruzzo1.com Add-ons** available on request
- **Ferrari, Lamborghini & Maserati Add-on: quoted upon request**
- Visit to medieval villages and Fortresses
- All restaurants and venues are highly selected and offer the most special **Abruzzo1 & ItaliaSpeciale Experiences!**
- All meals included as per the program with **highly selected wines from Abruzzo** as part of the *Abruzzo1 Experience*
- Note: itinerary may be subject to change or slightly modified due to unexpected circumstances that may occur beyond our control.

Not included

- Flights
- Entrance Fees (Museums, Exhibitions etc), although we would be pleased to arrange
- Gratuities

A word on Tipping

At **Italia Speciale and Abruzzo1** our mission is to assure only the best experiences possible around Abruzzo and Italy through our highly selected network of Partners and Hosts. All our Hosts strive to create the best experience and tips are welcome not only as a token of gratitude, but also as an important feedback on everyone's performance and level of attention toward our Guests.



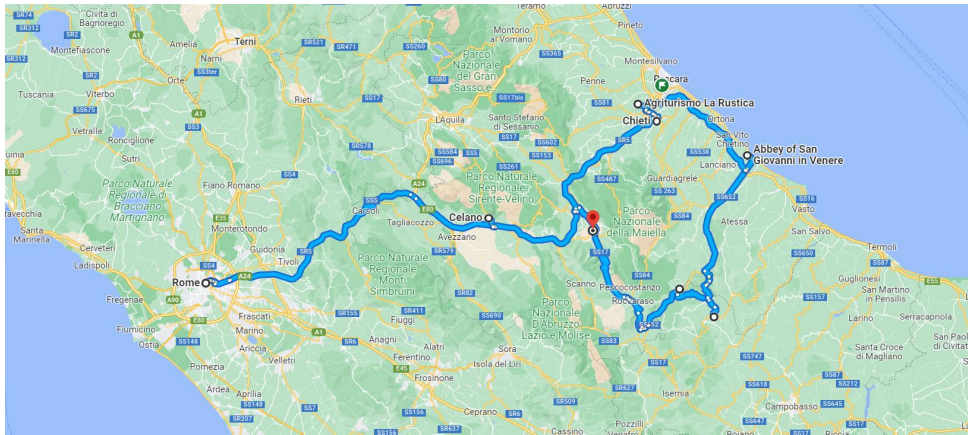
Abruzzo Discovery & Culinary Experience

History, Culture & Flavours of Abruzzo

9 Days / 8 Nights

History | Art | Culture | Cookery | Foodie

€2995 pp



BUSINESS ADDRESS

GlobalMente.biz SRLS
Via Gran Sasso, 25
65010 Spoltore (PE)
Italy
T: +39 328 4838954
E: info@GlobalMente.biz

BANK DETAILS for Bank Transfers

Name: GlobalMente.biz SRLS
Bank name: UniCredit (00789)
Address: Viale Abruzzo -66010 Chieti (Ch)
IBAN: IT20 H 0200 8155 0200 1037 08183
BIC/SWIFT: UNCRITM1789
Alternatively: UNICRITMM789 (dep on Bank)

BANK - FULL ADDRESS

UniCredit S.p.A.
00789 Chieti Viale Abruzzo
Viale Abruzzo, [281-287](tel:+390871281287) - [66013](tel:+39087166013)
Chieti Scalo (CH) - Italy
T: [+39 0871 076089](tel:+390871076089)
Fax [+39 0871 530205](tel:+390871530205)

Please Note: €500 per person Euros in Cash required in Italy

Downpayment: €500 non-refundable deposit upon booking **OR** Utilizable within 6 months on any Abruzzo Experience at www.Abruzzo1.com

Payment options:

- Bank Transfer: Euros agreed amount (must clear in full)
- Credit Card
- Paypal: +4.5%
- Full Cash: €50 discount

OR Pay in €500 eur Installments over a 3-month period.

Leonardo De Flaviis || Abruzzo1.com & ItaliaSpeciale.com



Add-on Experiences for *Abruzzo Gourmet by Ferrari*

Abruzzo by Supercar & Classics



Ferrari 612 Scaglietti F1 / included

One afternoon can feature a **Ferrari Experience** behind the wheel of our *Ferrari 612 Scaglietti F1*. You will have the chance to drive along winding panoramic roads and reach nearby villages to explore. Fully escorted. Duration: 2-days.

Minimum: 3 guests.

Quote on Request



Vintage Fiat 500

One afternoon can feature a **vintage car experience** behind the wheel of one of our **classic Fiat 500s**! You will have the chance to drive along relaxing panoramic roads and reach nearby villages to explore. Fully escorted. Duration: half-day. Minimum: 2 guests.

Quote on Request



Italian Practice Lessons

Practise your Italian on all our experience journeys in Abruzzo! Our Italian Hosts, Chefs, Tutors and Team Partners will give you the chance to speak Italian and learn even more of the language while enjoying all our unique proposals.

Minimum: 4 guests (small group).

Active & Adventure: Cycling



Abruzzo Backroads Cycling - ABC

Enjoy the quiet and panoramic backroads of the countryside! Our Abruzzo1 backroads cycling leader will provide you with all the professional gear and equipment you will need to enjoy this experience. Departure directly from *Agriturismo La Rustica* or *Villa Danilo* and you will reach nearby medieval towns and villages!

Fully assisted with Battery Assisted Mountainbikes

Duration: 3 hours. Minimum: 2 guests.

Price: quoted upon request

Abruzzo Creative: Photography & Painting



Photography Masterclass

Why not get to grips with **your DSLR** camera and learn some secrets of perfect photography with this **Photography Masterclass**

The Masterclass can take place at *La Rustica or Villa Danilo* and in the nearby medieval towns and villages, covering all sorts of subjects and techniques!

Duration: 3 hours. Minimum: 2 guests.

Cameras: not provided.

Please enquire for quote.



Painting Masterclass

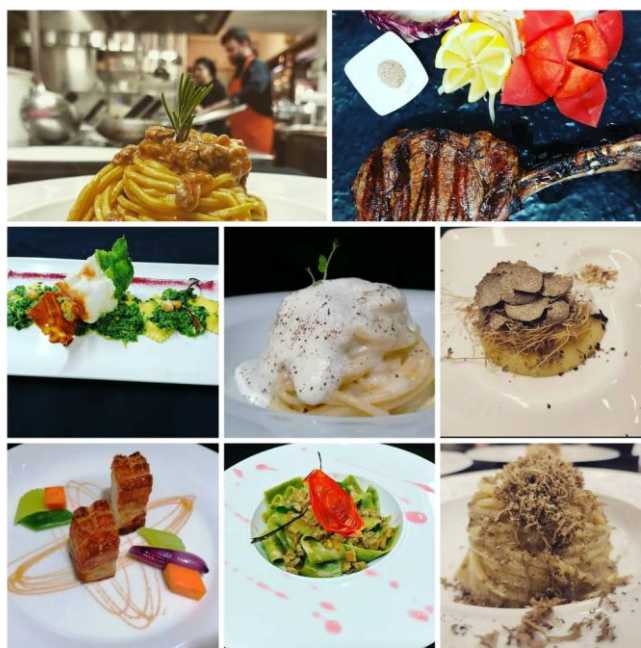
A tranquil afternoon sipping a glass of *Montepulciano d'Abruzzo* while admiring the lovely landscape either from the terrace at *La Rustica*, on the beach in Pescara or in the nearby medieval towns and villages with this **Painting Masterclass** conducted by Abruzzo1's very own professional artist.

Duration: 3-4 hours.

Minimum: 2 guests.

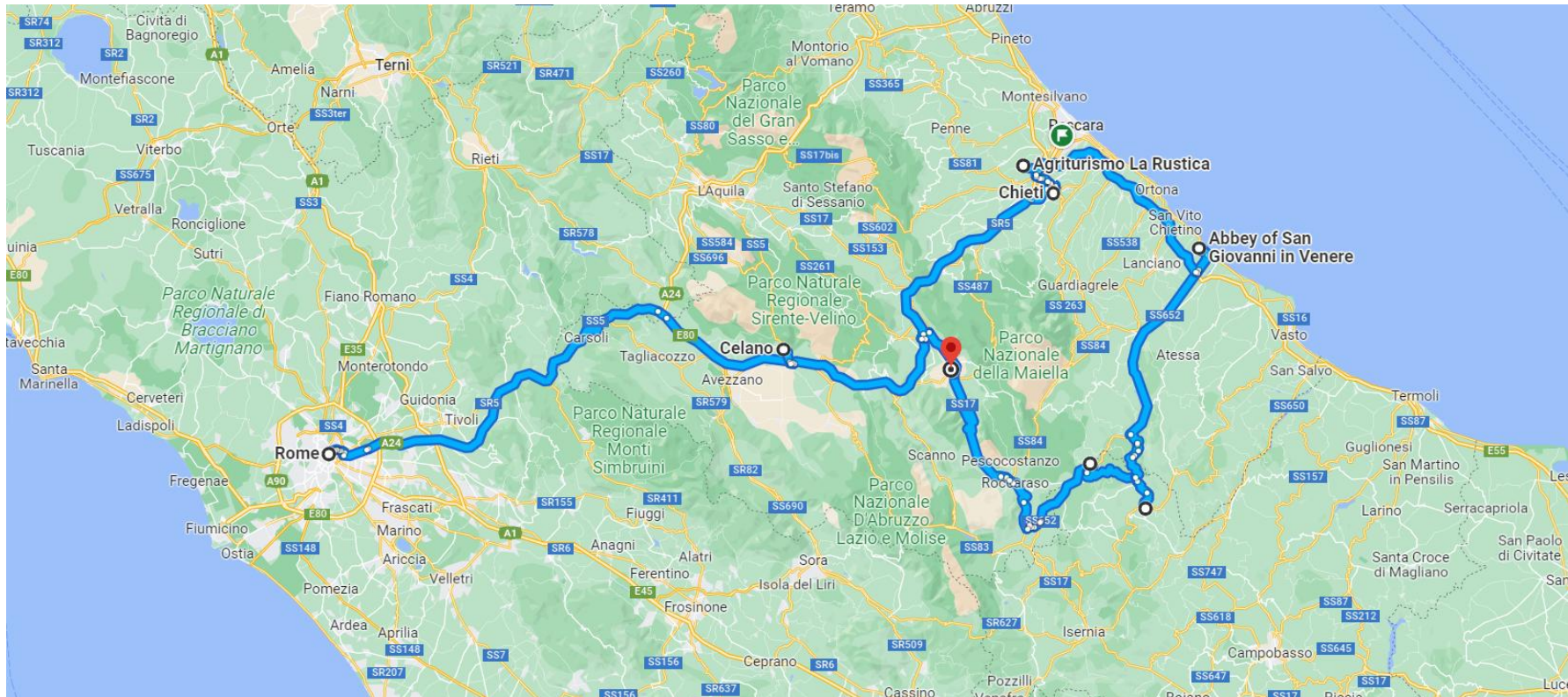
Painting material: provided

Please enquire for quote.



Abruzzo Discovery & Culinary

Itinerary - Map
(9 days / 8 nights)



Italia Speciale is pleased to welcome you to Italy! To ensure your comfort and security, please complete the below form and send via email to either Italia@ItaliaSpeciale.com or hello@Abruzzo1.com as soon as possible. **All information in this form will be treated in the strictest confidence.**

Individual Personal Information Form

Name:

DoB:

Email:

Mobile number:

Permanent Address:

Abruzzo & ItaliaSpeciale Experience of Interest: *Abruzzo Discovery & Culinary Caracciolo 2024-2025*

Dates of Interest:

Accommodation Details in Italy (where and if not arranged by us):

Details of Next of Kin

Name:

Relation to You:

Address:

Email:

Phone Number:

Will you have an International Phone & Data plan in Italy? Yes | No

Where would you prefer to be contacted?
WhatsApp | Telegram | Signal | Viber | Text

Preferred Accommodation: Single, Twin, Double?

Preferred water: still or fizzy?

Medical & Dietary Requirements

Please list any medical conditions:

Please list any medication that you take:

Please list any foods that you cannot eat:

Please list anything else you feel the Organizers should be aware of:

Travel Details

Please provide full details, with dates and flight numbers, of your international transfers (below or separate attachment / email is also fine):

Are you travelling with a **partner/spouse/relative/friend** in the group? Please specify full Name.

Trivia: Favourite Song/s & Band/s 😊:

Photo Release

We occasionally like to use photographs of guests on holidays for promotional purposes. Is this Ok? **Yes | No**